



THE STORY OF LIFETASTIC

A few years ago, our founders arrived Australia. Very much inspired by the local pastries, one of them, an amateur pastry chef, decided to recreate some of the local delicacies with an Asian twist. The adaptation of the Watermelon Strawberry Cake turned out to be a big success. Though there were certain resemblances with its Aussie origin, the ingredients and recipe were cleverly tailored to adapt Asian appetite.

When the first Watermelon Strawberry Cake was baked, little did the two founders of LIFETASTIC knew where this delicate piece of pastry would lead them to.

Every gravel that constructed LIFETASTIC today was evidence of their hard work in making a dream come true, or rather, to prove an ambitious idea in their heads.

幾年前，我們的糕餅師到訪澳洲。當地的甜品糕點深深啟發了他，令他決意將這份美味帶回家。經過不斷的嘗試和改良，採用了更適合本地的新鮮食材，草莓西瓜蛋糕漸漸變得更切合亞洲人的味道。

第一個成功製作的草莓西瓜蛋糕成為今天LIFETASTIC的基礎。

LIFETASTIC的兩位始創人見證草莓西瓜蛋糕誕生的時候，並不知道這小小的糕餅會為他們帶來怎樣的將來。只知道今天的LIFETASTIC是他們倆經過許多的挑戰，不斷努力嘗試的成果。

Minimum charge: HKD 80 per person (service charge excluded)
每人最低消費港幣80元【不包括服務費】

Seating will be arranged when all parties are present.
人齊方可安排入座

During peak hours, we appreciate the patrons enjoy the dining experience within a reasonable time frame of 75 minutes.
繁忙時段入座後限時75分鐘



Photos are for reference only · Prices are subject to 10% service charge
We may change some of the ingredients and decorations of cake in case of seasonal shortage without prior notice
圖片只供參考 · 另收加一服務費 · 蛋糕食材及蛋糕上的生果或裝飾會因應季節或貨源供應而略作更改，恕不另行通知

THE SIGNATURE

Watermelon Strawberry Cake

招牌草莓西瓜蛋糕



Indulge yourself in the scent of rose and toasted almonds,
a taste of fresh strawberries and watermelon,
a sense of surprises and contentment,
an experience that will be unforgettable.

Watermelon Strawberry Cake fans love the surprise they get when they bite on the juicy watermelon layer in between the rose-scented cream and almond layers. The texture, flavours and aromas simply strike a perfect balance and the cake is just so insta-worthy!



嗜過草莓西瓜蛋糕的客人都會一吃愛上。
因為當你一口咬上西瓜，玫瑰和杏仁的味道同時湧進味蕾時，
總會有一種既新鮮又驚喜的感覺。
作為我們的招牌蛋糕，我們希望每位客人都可以吃到
最新鮮，口感和味道完美配合的草莓西瓜蛋糕。
拍照上傳到網上的話，朋友們一定馬上讚好！

LAYER CAKES

— • • • —

ALMOND-BASED 杏仁餅底

Almond-based layer cakes have been one of our brand specialties. Despite the higher cost, we insist in using crushed almonds to substitute flour in our cakes. Not only do they increase the nutritional value of our cakes, the toasted almond also elevates the fragrant of our cakes and gives them a richer texture.

杏仁系列是我們蛋糕品牌一直以來的一個重要特色。杏仁成本較麵粉高，但是我們堅持以杏仁碎取代麵粉製作蛋糕餅底及夾層，這樣做不但健康，焗過的杏仁更令蛋糕香氣濃郁，口感更豐富。



Watermelon
Strawberry Cake
招牌草莓西瓜蛋糕

\$68/piece 件



Lychee & Aloe
Rose Layer Cake
盛放花蕾

\$68/piece 件



👩 Fig & Charcoal
Layer Cheese Cake
星際花匠

\$78/piece 件

👩 Seasonal Item 季節限定

you have a piece of cake.



Life goes fantastic when

Watermelon Strawberry Cake

招牌草莓西瓜蛋糕



Watermelon 西瓜 · Strawberries 草莓
Rose-Scented Cream 玫瑰忌廉 · Rose Petals 玫瑰花瓣
Pistachios 開心果 · Almond Base 杏仁餅底

\$68/piece 件



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LAYER CAKES

GLUTINOUS RICE-BASED 糯米餅底

Gluten-free is no longer a special diet, but a trend. LIFETASTIC never stops discovering new flavours and a recent breakthrough in creating a new cake base — Glutinous Rice Base is another success. Compared to sponge base, glutinous rice base is smoothly exquisite, moist and fluffy. The glutinous rice base has a balanced macros and inutrient-rich so you get a whole lot of goodness in every bite.

無麩質飲食近年不但逐漸流行，更成為一個新的潮流。
LIFETASTIC一直努力發掘新的味道，在餅師的大膽嘗試下，
創造出全港首創，繼西瓜蛋糕後的第二突破 — 糯米餅底。
糯米餅底口感細膩黏韌，鬆軟而彈牙，感覺與一般海綿蛋糕
絕對有天淵之別。



🌿 Shizuoka Hojicha
Banana Layer Cake
靜岡茶園

\$58/piece 件



🌿 Taro Glutinous
Rice Layer Cake
風和日麗

\$58/piece 件



🌿 Charcoal Black
Sesame Layer Cake
星空花園

\$58/piece 件



Exotic Mango
Layer Cake
盛夏光年

\$68/piece 件



🌿 Pineapple Compote
Layer Cheese Cake
熱帶陽光

\$68/piece 件



🌿🌿 Assorted Fruits
Layer Cake
雨後彩虹

\$78/piece 件

🌿 Vegetarian Choice 素食之選 · 🌿 Limited Supply 限量供應

Dragon Fruit Lemon
Layer Cheese Cake
漫天花海

Lemon Cream Cheese 檸檬忌廉芝士

Mango 芒果 · Dragon Fruit 火龍果

Glutinous Rice Base (Upper Layer) 糯米餅底【上層】

Almond Base (Lower Layer) 杏仁餅底【下層】



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LAYER CAKES



ALMOND AND GLUTINOUS RICE-BASED 杏仁糯米餅底



Apple Caramel
Layer Cake

夏日清晨

\$68/piece 件



Dragon Fruit Lemon
Layer Cheese Cake

漫天花海

\$68/piece 件



🌿 Pandan & Mango
Black Rice Layer Cake

草原漫步

\$68/piece 件



🕒 Pistachio Raspberry
Layer Cake

春日微風

\$78/piece 件

PUDDINGS IN A JAR



Puddings in a Jar is LIFETASTIC's latest richness. They are classic recipes made new. Just when you think the idea of rice in a pudding dessert freaks you out, yet as we always do, we are here to surprise. They might just be the ultimate comfort food you can find: creamy and with abundance of textures and flavours.

瓶子米布甸是LIFETASTIC產品系列的新成員。它們是經典食譜的重新演譯。

如果甜品布甸中加入米飯令你有所退避，那請你放心；因為LIFETASTIC一向擅長為客人帶來驚喜。嚐過瓶子米布甸之後，或許你會發現，這幼滑、口感和味道豐富的，就是你一向渴望能滿足你身、心、靈的甜品。



🌿 Chocolate Rice
Pudding in a Jar

可可日落

\$58/piece 件



🌿 Tiramisu Rice
Pudding in a Jar

意式風光

\$58/piece 件



🌿 Durian Layer
Pudding in a Jar

山頂飄香

\$68/piece 件

🌿 Vegetarian Choice 素食之選 · 🕒 Limited Supply 限量供應

🌿 Tiramisu Rice
Pudding in a Jar
意式風光

◆◆◆
Coffee Wine 咖啡酒
Mascarpone 馬斯卡彭芝士
Chocolate Rice 朱古力飯

\$58/piece 件

🌿 Chocolate Rice
Pudding in a Jar
可可日落

◆◆◆
Chocolate 特濃朱古力 · Cocoa Powder 可可粉
Choco Rice Crispy 朱古力脆米
Chocolate Rice 朱古力飯

\$58/piece 件

🌿 Durian Layer
Pudding in a Jar
山頂飄香

◆◆◆
D24 Durian D24 榴槤肉 · Cream Cheese 忌廉芝士
Glutinous Rice Base 糯米餅底

\$68/piece 件

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Chef's Special Waffle with
Mövenpick Ice-cream
自家製酥皮窩夫配鮮果及Mövenpick雪糕

— ◆◆◆ —
\$118

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LIFETASTIC

Cake Set

GUILTY PLEASURE FOR 2



CAKES

A selection of 4 cakes

Maximum of 2 Watermelon Strawberry Cakes

選擇四件蛋糕

最多可選擇兩件招牌草莓西瓜蛋糕

DRINKS

A selection of 2 drinks

+\$28 for each Milkshake/ Popolo Tea

任選兩杯飲品

每杯+\$28 升級為 Milkshake/ Popolo Tea



\$298

Cake Set for two is tailored for two people only.
Minimum charge applies from third person onwards.
二人蛋糕套餐只限二人用。第三人起要另計最低消費。

LIFETASTIC

Cake Set

LIGHTER CHOICE FOR 2



CAKES

A selection of 3 cakes

Maximum of 1 Watermelon Strawberry Cake

選擇三件蛋糕

最多可選擇一件招牌草莓西瓜蛋糕

DRINKS

A selection of 2 drinks

+\$28 for each Milkshake/ Popolo Tea

任選兩杯飲品

每杯+\$28 升級為 Milkshake/ Popolo Tea



\$278

Cake Set for two is tailored for two people only.
Minimum charge applies from third person onwards.
二人蛋糕套餐只限二人用。第三人起要另計最低消費。

Lychee & Aloe Rose
Layer Cake
盛放花蕾

Lychee 荔枝 · Grape 提子
Rose-Scented Cream 玫瑰忌廉
Aloe 蘆薈 · Almond Base 杏仁餅底

\$68/piece 件



⌚ Pistachio Raspberry
Layer Cake
春日微風

Raspberry 紅莓 · Pistachio 開心果
Raspberry Jelly 紅莓啫喱
Raspberry Mousse 紅莓慕絲
Almond & Glutinous Rice Base 杏仁糯米餅底

\$78/piece 件



Apple Caramel Layer Cake
夏日清晨

Apple Compote 糖煮蘋果 · Apple Puree 蘋果蓉 · Apple Jelly 蘋果啫喱
Caramel Mousse 焦糖慕絲 · Almond & Glutinous Rice Base 杏仁糯米餅底

\$68/piece 件

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👩 Fig & Charcoal Layer Cheese Cake
星際花匠



Fresh Fig 新鮮無花果 · Charcoal 竹炭 · Cream Cheese 忌廉芝士
Yoghurt 乳酪 · Vanilla 雲尼拿 · Almond Base 杏仁餅底



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🌿 Pineapple Compote
Layer Cheese Cake
熱帶陽光



Dried Pineapple 菠蘿乾
Pineapple Compote 糖煮菠蘿
Coconut 椰絲 · Cream Cheese 忌廉芝士
Glutinous Rice Base 糯米餅底

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Exotic Mango Layer Cake 盛夏光年

— ◆◆◆ —
Mango 芒果 · Dried Citrus 柑橘乾
Coconut 椰絲 · Pomelo 柚子
Glutinous Rice Base 糯米餅底



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🌿 Pandan & Mango
Black Rice Layer Cake
草原漫步

— ◆◆◆ —
Pandan 班蘭 · Mango 芒果
Black Rice 紫糯米 · Coconut 椰絲
Almond & Glutinous Rice Base 杏仁糯米餅底



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Charcoal Black Sesame Layer Cake
星空花園

Black Sesame 黑芝麻
Charcoal & Glutinous Rice Base 竹炭糯米餅底



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🕒 Assorted Fruits Layer Cake

雨後彩虹

— ◆◆◆ —
Strawberry 草莓 · Kiwifruit 奇異果
Fresh Cream 鮮忌廉 · Mango 芒果
Banana 香蕉 · Glutinous Rice Base 糯米餅底



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⌚ Pistachio Raspberry
Layer Cake
春日微風

Raspberry 紅莓 · Raspberry Mousse 紅莓慕絲
Raspberry Jelly 紅莓啫喱 · Pistachio 開心果
Almond & Glutinous Rice Base 杏仁糯米餅底



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Shizuoka Hojicha
Banana Layer Cake
靜岡茶園

Shizuoka Hojicha 靜岡焙茶 · Banana 香蕉
Glutinous Rice Base 糯米餅底



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L I F E T A S T I C

Drinks Culture

The Perfect Union of Traditional and New



Here at LIFETASTIC, our blended coffee with medium-roast beans originally from Brazil, Yirgacheffe and Colombia, the mixed texture is sure to give you a magical coffee experience.

With a mixed flavour of berries, roasted nuts and dark chocolate, which you can taste in different stage. Smooth texture of the coffee also bring your experience into another level.

While traditional beverage is honoured, LIFETASTIC continues to stay driven by creative inventions.

Our latest creation, Popolo Tea, is a representation of the perfect union between traditional and new beverages. Strongly recommended if you are an adventurous tea fan.



咖啡和茶飲在現代人的生活中有著不可取代的地位，
兩者不僅是飲料，更承載著深厚的歷史和文化。
LIFETASTIC選用了來自巴西、耶加雪夫和哥倫比亞的中度烘焙咖啡豆，
口感順滑，帶有獨特的莓果、烘焙果仁和黑朱古力風味，
散發令人難以抗拒的魅力。

延續傳統文化的同時，我們不斷作出新嘗試。
最新研發的 Popolo Tea 就是傳統和創意的結晶。
Popolo 是意大利文，意思是人。
亦代表了我們自家製的 Popsicle（雪條）。
Popolo Tea 就是我們為所有客人用心創作的特色飲品。
作為我們的新招牌飲品，我們極力推薦。

and coffee obsessed.



Stressed, blessed

COFFEE



Our coffee is blended with medium roast mixed beans from Brazil, Yirgacheffe and Colombia, with great smooth body featuring combined flavour of berries, roasted nuts and dark chocolate. Specially recommended for espresso lovers.

我們選用了來自巴西、耶加雪夫和哥倫比亞的中度烘焙咖啡豆，
口感順滑，帶有獨特的莓果、烘焙果仁和黑朱古力風味，
特別推介給所有咖啡愛好者。



	Hot	Iced
Espresso 濃縮咖啡	\$32	—
Americano 美式濃黑咖啡	\$40	\$46
Latte 鮮奶咖啡	\$46	\$52
Cappuccino 意大利泡沫咖啡	\$46	\$52
Mocha 朱古力咖啡	\$48	\$56
Crème Brûlée Cappuccino 法式焦糖燉蛋泡沫咖啡	\$48	\$56
Light Rose Latte 玫瑰鮮奶咖啡	\$48	\$56
French Vanilla Latte 香草鮮奶咖啡	\$48	\$56
Roasted Hazelnut Latte 榛子鮮奶咖啡	\$48	\$56
Aromatic Caramel Latte 焦糖鮮奶咖啡	\$48	\$56

+\$6 per extra shot

+\$6 加一份濃縮咖啡

Latte
鮮奶咖啡



\$46

Cappuccino
意大利泡沫咖啡



\$46



Emu

Apricot Peach Tea 杏脯洛神花茶
Kiwifruit Popsicle 奇異果雪條

\$68

Flamingo

Lychee Lemongrass Tea 香茅荔枝茶
Lychee Popsicle 荔枝雪條

\$68



Orangutan

Citrus Green Tea 香檸綠茶
Orange Popsicle 香橙雪條

\$68

Jaguar

Strawberry Kiwifruit Tea 草莓奇異果茶
Strawberry Popsicle 草莓雪條

\$68



TEA

We embrace the importance of tea, as a culture, as a medium to help you relax and for its positive health benefits.

Some say a perfect cup of tea is essential to go with a delicate piece of cake like ours.

茶不但可以令人放鬆，對身體更有保健作用，
香醇的茶和美味的蛋糕缺一不可。

	Hot (Pot)
Organic English Breakfast 有機英式早餐茶	\$58
Earl Grey 英倫伯爵茶	\$58
Rose Green Tea 玫瑰綠茶	\$58
Black Tea Cocoa 朱古力茶	\$58
Camomille 洋甘菊	\$58

Just a cup of tea



can be a deep meditation.



Popolo Tea

\$68

THE TEA FOR ALL OF YOU

“Popolo” is an Italian word that means “People”.

“Popolo Tea” means the tea for all of you.

It also means Popsicle & Tea, an innovative and unique tea experience that's not like any others!

“Popolo” 是意大利文，意思是人。

“Popolo Tea” 顧名思義就是「為大家準備的茶」，

同時亦代表了我們自家製的雪條和茶飲，

與別不同的茶飲體驗，只此一家。

JAGUAR • ORANGUTAN • FLAMINGO • EMU

CLASSICS

	Hot	Iced
Uji Matcha Latte 宇治抹茶鮮奶	\$48	\$56
Hojicha Latte 靜岡有機焙茶鮮奶	\$52	\$58
French Chocolate 法國朱古力鮮奶	\$48	\$56
Earl Grey French Chocolate 伯爵茶朱古力鮮奶	\$52	\$58

MILKSHAKES

	Iced
Avo Garden 牛油果奶昔 Whole Avocado, Organic Honey, Milk	\$62
Sweet Dimple 雜莓奶昔 Frozen Berries, Strawberry Sauce, Milk	\$62
Haughty 香蕉朱古力奶昔 Chocolate, Chocolate Sauce, Banana, Milk	\$62

NATURAL WATER

Antipodes Still Water (500ml) 紐西蘭Antipodes天然礦泉水	\$36
Antipodes Sparkling Water (500ml) 紐西蘭Antipodes天然有氣礦泉水	\$36

sweetness in your life.



Get yourself a little

Haughty
香蕉朱古力奶昔



\$62

Avo Garden
牛油果奶昔



\$62







LIFETASTIC MEMBERSHIP

Join our membership program for exciting rewards including
成為LIFETASTIC會員可享以下優惠

10% off Dine-in at LIFETASTIC/ LIFETASTIC Patisserie
LIFETASTIC/ LIFETASTIC Patisserie 堂食九折優惠



Monthly Exclusive Offers
每月專享會員優惠



20% off Coupon on Your Birthday Month
生日月份堂食八折優惠一次



Free Slice of Cake on Your Birthday Month
生日月份免費蛋糕一件



20% off Whole Cake Orders
八折訂購原個蛋糕

And more!

Please contact our staff for more details.
請聯絡我們的職員以獲取詳情。

Minimum charge: HKD 80 per person (service charge excluded)
每人最低消費港幣80元【不包括服務費】

Seating will be arranged when all parties are present.
人齊方可安排入座

During peak hours, we appreciate the patrons enjoy the
dining experience within a reasonable time frame of 75 minutes.
繁忙時段入座後限時75分鐘

LIFETASTIC™

LIFETASTIC

Shop B, G/F, 31-37 Hill Road, Western District, Hong Kong
西環石塘咀山道 31-37 號地下 B 舖



LIFETASTIC PATISSERIE

Shop L406, Level 4, The ONE, 100 Nathan Road, Tsim Sha Tsui, Kowloon
尖沙咀彌敦道 100 號 The ONE 4 樓 L406 號舖



Kiosk 1B, 1/F, Main Block, 11-19 Great George Street,
Fashion Walk, Causeway Bay, Hong Kong
銅鑼灣記利佐治街 11-19 號 Fashion Walk 1 樓 Kiosk 1B 號舖



WORKSHOP

Workshop F, 23/F, Shield Industrial Centre,
84-92 Chai Wan Kok Street, Tsuen Wan, New Territories
荃灣柴灣角街 84-92 號順豐工業中心 23 樓 F 室

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LIFETASTIC.OFFICIAL (Don't forget to like/ hashtag us!)



www.lifetastichk.com



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Tell us what you think about LIFETASTIC by calling us at 3611 9766